

# *Ways To Save \$\$ On Your Prescription Drug Costs*



Employees who are covered under the FISD Employee Health Benefit Plan can reduce the amounts they are required to pay for prescriptions by simply choosing less expensive alternatives. The following suggestions can help you save money for yourself as well as the District:

- ❖ **Request a generic drug whenever it is available.** When you get a prescription, ask your doctor or pharmacist if a generic equivalent is available.

*Why should I use generic drugs?*

- **Same Quality, Safety, and Effectiveness** as that of a brand-name drug. Generic drugs contain the same active ingredients in the same dosage forms and strengths as brand-name drugs and are FDA-approved.
  - **Savings** - Your generic drug copay is lower than your name-brand drug copay. Pay just \$10 for a 30-day supply at your local participating pharmacy, or \$20 for up to a 90-day supply through the Express Scripts Mail Pharmacy Service.
  - **Reduction in Health Care Spending** – Generic drugs cost 15%-50% less than brand-name drugs. Choosing generic drugs will save the District money and will help keep medical care more affordable in the years to come.
- ❖ **Use Express Scripts Mail Pharmacy Service.** If you take prescription medications on an ongoing basis for conditions such as high blood pressure, diabetes, high cholesterol, arthritis, etc., you should order your medications through the Mail Pharmacy Service.

*Why should I use the Mail Pharmacy Service?*

- **Save Money** – Receive up to a 3-month supply for the cost of 2 copays, a 3-for-2 savings! Standard shipping is free.
- **Save Time** – Get your prescriptions delivered directly to your home. No more driving to the local pharmacy and waiting in line!
- **Convenience** – You only need to order refills once every three months. You can order refills from home – by phone, mail, or Internet.

*How do I use the Mail Pharmacy Service?*

- To begin service, request an Express Scripts Mail Pharmacy Service Form from your campus secretary and follow the instructions on the form.
- Ask your doctor to write a prescription for up to a 90-day supply (plus refills for up to one year if appropriate). Also, make sure you have a 2 to 3 week supply of medications on hand, so you don't run out while your order is being filled.