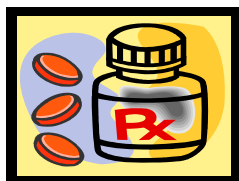


# Ways To Save \$\$\$ Under Your Health Plan

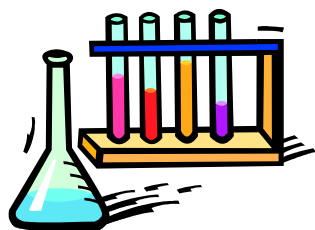


## Reduce Your Prescription Drug Costs

- ❖ **Go Generic.** If your prescription is for a brand-name drug, ask your doctor for a generic alternative.
  - **Same Quality, Safety, and Effectiveness** as that of a brand-name drug. Generic drugs contain the same active ingredients as brand-name drugs and are FDA-approved.
  - **Savings** – You will pay less, because generic drug copays are lower than brand-name drug copays.
  
- ❖ **Use the Express Scripts Mail Order Pharmacy.** If you take prescription medications for an ongoing or chronic condition (such as high blood pressure, arthritis, high cholesterol), you should order your medications through the Mail Order Pharmacy Service.
  - **Save Money** – After satisfying your Prescription Drug deductible, you can receive up to a 3-month supply for the cost of 2 copays, a 3-for-2 savings! Standard shipping is free.
  - **Save Time** – Get your prescriptions delivered directly to your home.
  - **Convenience** – You only need to order refills once every three months. You can order refills from home – by phone, mail, or Internet.

*How do I use the Mail Order Pharmacy Service?*

- To begin service, request an Express Scripts Mail Pharmacy Service Form from your campus secretary and follow the instructions on the form.
- Ask your doctor to write a prescription for up to a 90-day supply (plus refills for up to one year if appropriate). Also, make sure you have a 2 to 3 week supply of medications on hand, so you don't run out while your order is being filled.



## Use Quest/LabCard for Outpatient Lab Services

- ❖ **Use the voluntary Quest/LabCard Program and receive 100% coverage for Outpatient Laboratory Testing**
  - Show your health insurance ID card at your doctor's office when lab work is required, and verbally request to use the Quest/LabCard program (LabCard information will be on the back of your card).
  - Your doctor will collect the specimen and call for Quest/LabCard pick-up.
  - If your doctor doesn't collect specimens, ask for a requisition form or prescription to have the lab work performed at an approved Quest Diagnostics collection site.
    - Find an approved collection site by calling the Quest/LabCard 800 number on your card, or by visiting the Quest/LabCard website at [www.labcard.com](http://www.labcard.com).
    - Go to the approved Quest Diagnostics collection site and have the blood drawn.
    - Quest Diagnostics will perform the tests and send results to your physician, generally the next day.